

Advanced Seminar I

Fall 2025 Week 11 for SOWK 590

Jacob Campbell, Ph.D. LICSW at Heritage University

Agenda

Plan for week 11

SLED: Cultural
Competence in Practice

Mindfulness activity

Practice Learning
Reflection Group

Learning Objectives

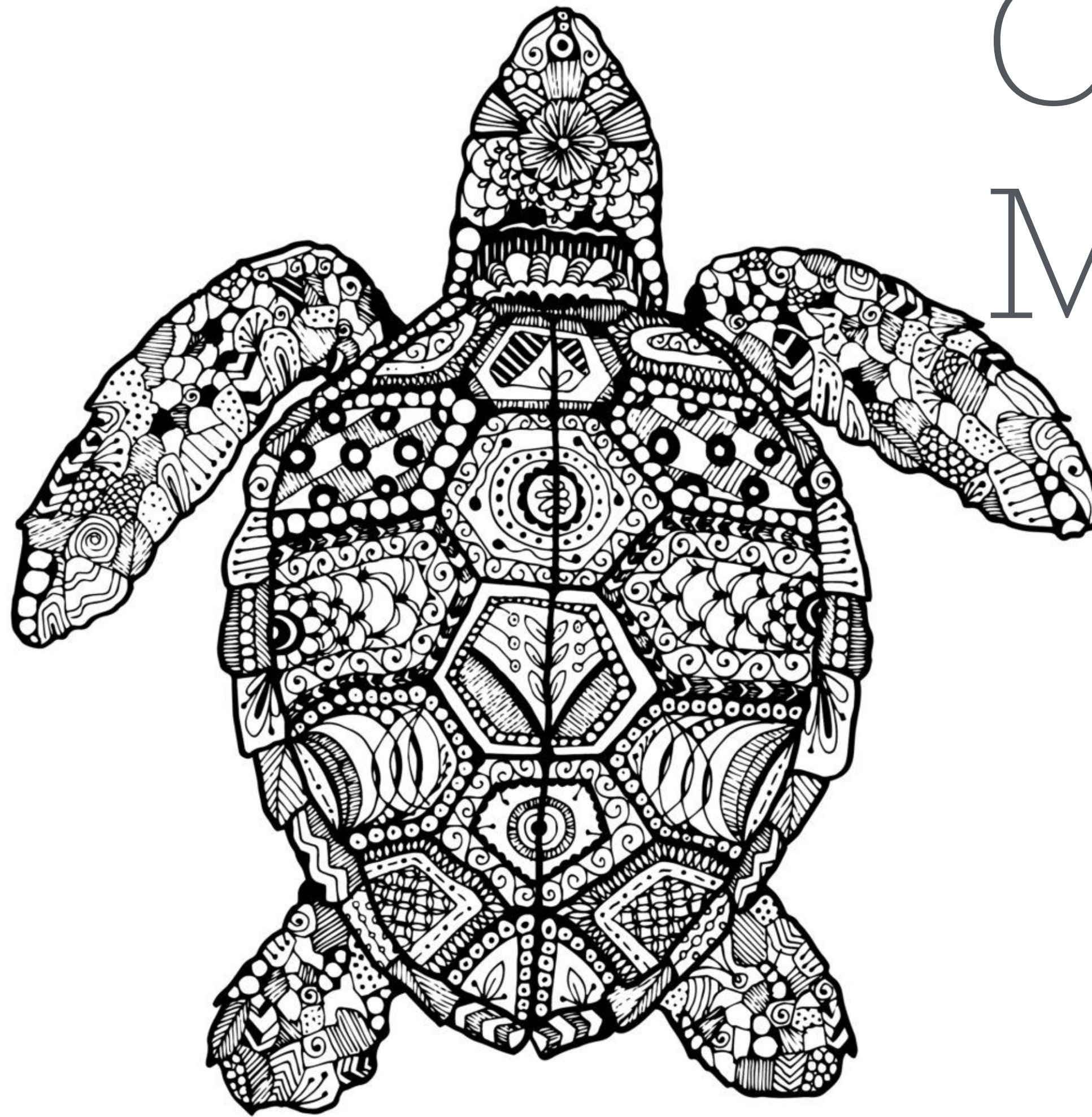
- Students consider cultural competence in practice.
- Students will actively practice a mindfulness activity.
- Students will recognize peers' shared experiences in their practicum and use the group as a method for sharing and problem-solving.

Student Led Discussion

Cultural Competence in Practice

Coloring Mindfully

Spend Time Coloring the Mandala



Turtle Technique

- When something happens, stop
- Go into your shell and take three deep breaths
- Consider possible solutions
- Engage in the solution

Practice Learning Reflection Group

Group Check-in Question:

Give three adjectives that describe how your practicum experience is going.

Practicum Discussion:

- Discuss things going on at your practicums.
- Explore client needs and group problem-solving.
- Share about the work you are doing with your clients.

Group Norms

- We will be respectful of each other
- We will approach our dialogue with an open mind
- We will engage and fully participate
- We will keep our clients' information confidential