### Practicum Seminar I

Week 05 for SOWK 590.1

### Agenda

Plan for week 03

SLED: Restorative Justice Practices

Mindfulness activity

Practice Learning Reflection Group

## Learning Objectives

- Students will recognize the shared experiences of peers in their practicum and be able to use the group as a method for sharing and problemsolving.
- Students will analyze their practicum experience, reflecting on how it connects to their development and demonstration of competence.
- Students will actively practice a mindfulness activity.
- Students consider Restorative Justice Practices

#### Student Led Discussion

# Restorative Justice Practices

# Mindfulness Activity

5 Senses Activity

- 5 you can see
- 4 You can hea
- 3 You can fee
- 2 You can smel
- 1 You can taste

# Practice Learning Reflection Group

### **Group Check-in Question:**

What was one moment that felt significant this week?

#### **Practicum Discussion:**

- What are some of the things that are happening in your practicums
- What are some of the needs of the clients you are working with
- Examples of client work to share with the group

### **Group Norms**

- We will be respectful of each other
- We will approach our dialog with an open-mind
- We will engage and fully participate
- We will keep our clients information confidential